

National Pitching Association (NPA) 1-Day Clinics

BP Sports Park, 1100 Niagara St., Welland, Ontario, Canada, March 16th & 17th, 2023

Want to throw harder? We show you how (safely).

How fast could I throw? We test you and show you your potential.

Not sure if your mechanics are correct? We fix poor mechanics.

What drills do I use to get better? We demonstrate the drills you need.

Arm get sore or have pain? We show you how to prevent this.

What is the best way to warm up? We teach you a proper warm up.

This program is rarely offered in Canada!

Limited sign up available for each clinic with 2 days to choose from!

To register Contact NPA certified instructor, Coach Shawn Cunningham at: niagarapitchingperformance@gmail.com
Follow on Instagram:
niagarapitchingperformance

You will improve more in one day than in one year!

\$250 per athlete for 6 hours of intensive training!

