



# THS Enhanced Pitching & Throwing Clinic All Position Players for Baseball & Softball

When: Saturday February 4th

Where: 300 Lowry Lane Field 9 ·

Medford, Oregon 97501

Time: Noon-4PM

Ages: 10-18

4 Hours of Comprehensive Training for Throwers

**\$150 per player**

Register: <https://app.dbathub.com/customers/131-d-bat-skagit-valley/events/27269-npa-pitching-and-throwing-clinic>

The NPA offers a Performance Throwing Program with an emphasis on Health & Arm Durability.

Our program enhances the following:

**\*Pitch Command \*Velo Improvement \*Timing \*Sequencing**

**\*Mechanical Efficiency**

**\*Functional Strength \*Performance Mindset**

**\*Health & Nutrition**